

FIRST AID EMERGENCY CARE HED-295

FIRST AID KIT CHECK LIST

Name _____ Semester _____ Date ____/____/____ Grade _____

<u>ITEM</u>	<u>MINIMUM QUANTITY</u>	<u>HAVE</u>
Adhesive Strip bandage (band aids)	20	_____
Triangle Bandages	4	_____
Sterile Oval Eye Pads (2" X 2")	2	_____
Non-stick (non-adherent) pads (3" X 4")	6	_____
Sterile Gauze Pads (4" X 4")	6	_____
Sterile Trauma Pad (5" X 9")	1	_____
Roller gauze (2" width)	2 rolls	_____
Roller gauze (4.5" width)	2 rolls	_____
Roll of 1 st Aid tape (1")	1 roll	_____
Roll of 1 st Aid Tape (2")	1 roll	_____
Duct Tape (small roll)	1 roll	_____
Elastic roller/ace Bandage (3.5" width)	1	_____
Elastic roller/ace Bandage (5.5" width)	1	_____
Antiseptic Skin Wipes (individually wrapped)	10 packets	_____
Antibiotic ointment, individual packets	6 packets	_____
Insect Sting Relief packets	6 packets	_____
Antihistamine	5 tablets	_____
Disposable medical gloves (non-latex) m-lg	1 pair each size	_____
Mouth-to-barrier device (PPE mask)	1	_____
Disposable Instant Cold Packs	2	_____
Sealable Plastic Bags (quart size)	2	_____
Padded Malleable Splint (SAM) (or 2 - 4" X 16" flat wood)	1 SAM, 2 wood	_____
Finger Splints	2	_____
Emergency heat-reflecting blanket	1	_____
Scissors	1	_____
Tweezers	1	_____
Blister treatment (moleskin, precut or sheets)	1 sheet	_____
Hand Sanitizer (Alcohol-based at least 61%)	1 bottle	_____
Biohazard waste bag	1	_____
Headlamp or Mini flashlight with batteries	1	_____
Small notepad and pen	1	_____
List of Local Emergency #'s Police, Fire, EMT	1	_____